

ALLIANCE ORAL SURGERY
JOHN FRATTELLONE, DMD
79 OAK HILL ROAD
RED BANK, NJ 07701
732-842-3100

Instructions prior to surgery with Anesthesiologist

Avoid the following over the counter medications for 5 days prior to surgery: Aspirin, baby aspirin, Excedrin, Ibuprofen, Motrin, Vitamin E, garlic supplements, omega-3 supplements, ginko biloba, St.John's Wort, Black Cohosh, Echinacia, Aleve and Advil. If you take prescription anti-coagulants or blood thinners, please be sure the doctor knows, as these must also be discontinued prior to surgery, with your cardiologist's coordination. These medications may include Plavix, Coumadin, Warfarin, Ticlid, Heparin, Persantine, or Lovenox.

Please arrange for someone to be with you for the first several hours after surgery.

Beginning 6 hours prior to surgery, you must fast. This means nothing to eat or drink for 6 hours prior to surgery; except 4 hours prior to your appointment time, drink 6 ounces of clear sweetened liquid, such as ginger ale or apple juice. If your appointment allows you time to eat, it must be a light meal, mostly carbohydrates, such as toast and jelly. **No meat, fats, or fried food is allowed.** Medication, if authorized by the doctor, may be taken with a small sip of water.

Breakfast by _____
Clear sweet beverage by _____

Wear loose, comfortable clothing. Please do not clip hair up with clips or have a ponytail or bun against the back of the head. Also, no gum chewing is allowed on the day of surgery.

No jewelry and remove your contact lenses.

Have someone else drive you.

Sign consent forms prior to taking any medications and please bring them with you.

Please hold the following medications ____ days prior to surgery: _____

One hour prior to your surgery time please take the following medications with a small sip of water:

____ Anti-inflammatory
 Celebrex 2 capsules
 Naproxen 1 tablet

____ 2 extra-strength Tylenol or 3 regular-strength Tylenol

____ Valium
 __ 1 Tablet 1hr before surgery
 __ 1 Tablet night before procedure

____ Other medication _____

Please call with any questions you may have.

SURGERY APPOINTMENT _____